



# media release

Huron Women's Shelter

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For Immediate Release

## **Huron Women's Shelter launches booklet on sexual assault prevention for teens**

Goderich, ON – On Monday, May 2<sup>nd</sup>, to kick off Sexual Assault Awareness Month, Huron Women's Shelter (HWS) will launch a new sexual assault prevention booklet geared towards teenagers.

“Let's Talk About Sex” is a brand new magazine-style resource from HWS that addresses the importance of healthy relationships and sexual assault prevention, and provides readers with information on how to access a variety of programs and services in Huron County. The launch event will take place at Goderich District Collegiate Institute (260 South Street, Goderich) at 11:20 a.m. on Monday.

“We are very pleased to provide this valuable resource to the young men and women in our area, and hope that it will encourage them to build healthy relationships, and to be able to recognize when a relationship may become unhealthy,” said Michele Hansen, Executive Director of Huron Women's Shelter.

“Huron Women's Shelter exists to provide emergency shelter, counselling, and public education about the prevention of abuse and the equality of women. As an organization, we are resolved to end violence against women and their children, and ‘Let's Talk About Sex’ is one more way that we are working towards achieving this goal.”

Sexual Assault Awareness Month is recognized nationwide, with participating organizations and individuals wearing purple to show their support. According to Statistics Canada, one in three Canadian women will experience some form of sexual assault in their lifetime, making prevention and education of today's youth vitally important.

HWS will distribute 7,000 copies of “Let's Talk About Sex” to teens in Huron County. The resource booklet will also be available at local libraries, hospitals, public health units, community centres, and online at [www.huronwomensshelter.com](http://www.huronwomensshelter.com).

Huron Women's Shelter provides emergency shelter, support, counselling and advocacy for abused women and their children in Huron County. For more information, please visit [www.huronwomensshelter.com](http://www.huronwomensshelter.com).

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